### LOGIC MODEL

The Family Reconnect Program Logic Model is a tool that provides a visual representation of the program's activities and expected outcomes.

# **PROGRAM COMPONENTS**

meets with the youth or family, to provide individual or family counselling. Client(s) are generally seen weekly, but sessions areas.

### INTERVENTION STRATEGIES

Each "area" of service strategies. Listed thorough assessment of family member's

# **RISK AND PROTECTIVE FACTORS**

the likelihood of negative outcomes. Protective factors against negative Reconnect Program

## **SHORT TERM OUTCOMES**

services with the Family Reconnect

## LONG TERM **OUTCOMES**

Outcomes for the youth and/or family in the three months following completion Family Reconnect

Establish understanding of purpose of counselling Develop therapeutic relationship

Reframe behaviours to reduce negativity and blame

Respond to initial barriers e.g. transportation, location,

- Increase motivation for change
   Develop understanding of clients' initial goals for counselling

- Systemic assessment of family history, developmental history, relationships and interactions
   Family, youth and counsellor identify and set goals
- Integrative use of family and individual counselling
- Address interactional patterns that maintain the presenting
- Techniques to increase communication, parenting, social and problem solving skills
   "Homework" assignments
- Family reunification (may include support to pay for transportation, overnight visits, meetings in the community)
- Connect with appropriate supports ( both natural and formal)
   Refer youth and families to community resources Support connecting to services (accompaniment, advocacy etc.)

Develop plans and skills to overcome future "setbacks"

### RISK FACTORS

- Entrenched interactional
- High family conflict
- Low social support
- Limited parenting skills
- Unclear boundaries and
- expectations Mental health struggles

- Strained family
- relationships

  Underdeveloped coping and life skills
- Low social support Unhealthy peer
- relationships
- · Addictions/substance use

### PROTECTIVE FACTORS

- Supportive
- communication patterns
   Family cohesion and bonding Positive family-
- community relationships
- Positive bonding
   Presentation of clear expectations

- Positive relationships with family, peers and
- other supportive adults Positive bonding
- Emotional support Feeling cared about by family
- Involvement in social/recreational activities

### Youth exits shelter for stable housing • Return to family home

- Move to an extended family member's home
   Move to private housing,
- supportive or transitional housing with family support

Youth remain at home

Youth live in the community with family support

- communication
- Reduced family conflict
- Increased positive interactions

### Improved mental health

- Decrease in negative interactions and reporting of stress

  Decreased substance use
  Increased reported
- feelings of wellness

  Connected to community
- supports

# Young person never becomes homeless

Young person leaves homelessness and never returns

Ongoing connection to

Reduced social isolation

Ongoing family

Reduced involvement in the

Re-engagement or maintenance of education and/or employment